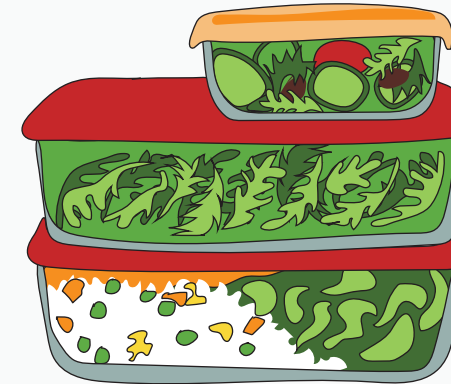


# RESPECT FOOD AT ALL TIMES – REDUCE FOOD WASTE



**REDUCE FOOD WASTE**

**EAT FOOD YOU  
ALREADY HAVE**

**DONATE FOOD TO  
THOSE IN NEED**

**DONATE FOOD  
TO ANIMALS**



**RETURN FOOD  
TO NATURE**

**Store your food waste**  
without packaging in a bio-waste container  
or in your personal compost bin.

## Have a look

at what food you already  
have before you go to the store.

**In your refrigerator, make a  
separate area for foods**  
that are almost at their best-before  
date or need to be eaten first.

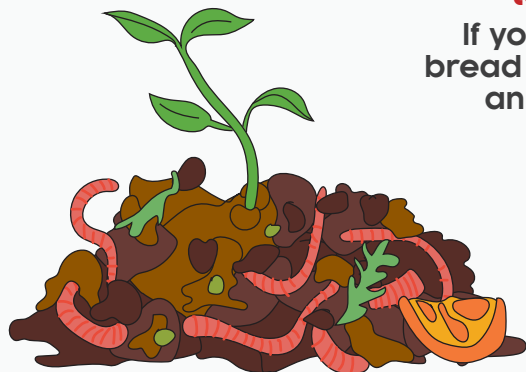
## Place surplus food

such as meat, fish, baked goods,  
dairy products, fruit and vegetables  
and prepared meals

**in the freezer.** ❄️

## Give leftovers to your pets.

If you can, take dried  
bread and white bread to  
an animal keeper.



**Put your leftover food**  
in a box and store it  
in a refrigerator.

**One day per week,  
prepare food from  
those leftovers.**

When you eat at  
a restaurant, ask them to  
**pack the leftover food**  
so you can take it home.

## Give edible food

you won't eat yourself to friends,  
those in need or take it to a food  
locker. See more:  
[toiduannetamine.ee](http://toiduannetamine.ee)



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